

Heatherlie Herald

VOLUME 16, ISSUE 3

Heatherlie Homes

MARCH 2024



Latest News From The Office

WELCOME

The Heatherlie community warmly welcomes **Isobel S** who has moved into Unit 124. We wish her well for many happy years here at Heatherlie.

FAREWELL

We were saddened to hear that **Tom C**, who formerly resided at Heatherlie in Koroit St passed away recently. We extend our sympathy to his wife, **Helen**, and family.

We wish to farewell **Keith McA** who used to reside
at CCC, but has now gone
into residential care. We
wish him well in his new
home.

BYO SOCIAL LUNCH

The BYO Social Lunch will be held under the Shade Sail, Koroit St (weather permitting) or Koroit Street lounge if wet) on: Wednesday 13th March at 12 noon.

PUBLIC HOLIDAYS

The Heatherlie office will be closed and all staff on leave for Labour Day: Monday 11th March and Easter: Good Friday 29th March and Easter Monday 1st April. A message from the Executive Officers Hello to all our Residents,
March brings us Autumn! Did
you know: March is named after
Mars, the Roman god of war?
Did you also know: according to
tradition, the birthstones for
March are aquamarine and
bloodstone, symbolizing courage
and March's birth flower is the
daffodil.

Phone Scams: Not everyone who calls your phone is genuine! Jackie recently had a mobile phone call claiming to be from Telstra offering a 50% discount. The caller gave her name, phone number and email address and made it sound legitimate, by quoting that her Telstra bill started with the numbers 20 - (many Telstra bill start with this number)..... A reminder to never provide banking or personal details to an unknown caller over the phone.

Over the next short period of time we will have some staff on leave. During this time, we will endeavour to get to your requests as quickly as possible.

Special mention to our outgoing Residents Committee president
Brenda Smith for all her hard work and dedication. We welcome Sue E to the role and look forward to working with her going forward.

Regards, Jackie & Leonie EO's



Resident Stewards

 Donna
 0458 944 477
 U129

 Leo
 0409 174 671
 U230

 Diane
 0419 621 617
 U107

 Elaine
 0448 247 390
 U305

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March Birthdays



HAPPY BIRTHDAY to the following residents who will celebrate their birthdays in this month of March:

Dorothy S, Margery M, Kaye G, Dorothy V, Barbara P, Gloria M and May F.

We all hope you have a wonderful day!

Attention Heatherlie Arts and Crafts Community!

Have you seen the plain white walls in the Lounge and Hub? Is it time to showcase our Heatherlie artists in residence? As many of you have arty crafty skills, would you be interested in exhibiting your work for a 1 month period? You could showcase your treasured pieces, offer your creations for sale if you wish, or partner up with a fellow resident to exhibit your creative gems. Anonymous artists are welcome.

If you are interested, please contact Sue Esau Unit 138.

A message from Sue (on behalf of the Residents Committee)

The new residents committee made up of:

Chairperson (President): Sue E

Secretary: Elaine O

Treasurer: Mieke V Z

Council representative: Ray C

A reminder that subs (\$10) are now due for 2024. These can be left in Mieke's mailbox Unit 204.

These subs pay for morning, afternoon teas, guest speakers, and other activities that the committee provide during the year.

Anzac Day observance, Melbourne Cup, AFL final, movie afternoons and many others.

Watch the newsletter for up-and-coming activities throughout the year.

Heatherlie Happenings

THE CRAFT GROUP RETURNS

The Craft Group are back again on **Wednesday 6th March from 2pm - 3pm**. All residents are welcome.



"Crafting is not just about making things, it's about making memories." – Unknown

"The beauty of handmade is in the imperfections." – Unknown

"Creativity is contagious, pass it on." – Albert Einstein



Jenny from Tower Hill Studio conducted another painting workshop in February with our very talented residents! You don't need to be an artist to join the fun—step by step tuition is provided. Keep an eye out for a notice regarding the next painting workshop.







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Heatherlie Happenings

Ray K has been busy creating these beautiful timber candle holders for Heatherlie. They will be used when live streaming funeral services.

Special thanks to **John M** for piecing together the office deck furniture. His 8 hours of effort putting together a "simple to assemble" flat pack was greatly appreciated.

Also a thank you to **Mary R** for donating a lovely succulent.





The scooter group visited Fletcher Jones Gardens on Monday 19th February. They found a nice spot under a shady tree to enjoy a coffee/tea. The gardens were looking magnificent. They were then shown through the art & craft building on their scooters, and looked through some historical photos of former workers of Fletcher Jones. If any other scooter riders are interested in joining this great social outing, please contact June C. RUMOUR FILE: Apparently a damsel in distress and her scooter were seen being assisted off a Warrnambool bridge the previous week, with the help of some fit young men—all ended well!

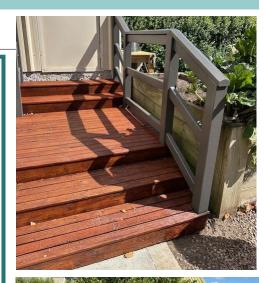
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Heatherlie Happenings

Have you seen the updates in and around our veggie garden? New potting table (hand made and donated by our EO Leonie and her daughter), new bench seat (made by Murray and John, timber donated by Leonie), lattice, a fresh coat of paint on the rails, and stain applied to stairs. Even if you're not a gardener, sit, have a cuppa and enjoy the view. There is a community plot available for all residents to use. Please DO NOT take produce from beds allocated to individual residents (see name plaques on beds) without permission.











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Easter Church services

Times of Easter Church Services

Anglican: TO BE CONFIRMED

> Please see next month's **April Heatherlie Herald**

for Anglican Church times

Baptist: Maundy Thursday: 7.30pm;

> Good Friday: 9.30am; Easter Sunday: 10am

Catholic: St Joseph's—Good Friday: Celebration of the Lord's Passion—3pm

St Joseph's—Easter Saturday Vigil—6pm

St Joseph's—Easter Sunday—8.30am & 10.30am. No 6pm Mass

Presbyterian: Good Friday: 9.30am;

Easter Sunday: 10am & 5pm

Uniting: Maundy Thursday—7.30pm

Good Friday—9am—Holy Communion;

11am Way of the Cross—Cannon Hill/Lake Pertobe

Easter Sunday—10.30am Holy Communion



RECYCLING AT ARCHIE

Esmae Gray has created a drop-off point for recycling of small items at Archie. Check out the recycle station located in the Café dining area and join the movement towards a circular economy here in Warrnambool.

Batteries

Bread Tags

Pens

Milk Lids

Mobile Phones

Toothbrushes & Toothpaste Tubes

Reading Glasses

Free weekly newspaper in the lounge available to all residents.





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Wedding photos

In early January, Jackie's son Matthew, married Melani in the Yarra Valley. To pay homage to Melani's Sri Lankan heritage, a second 'homecoming' celebration was held in Sri Lanka, later in January, which Jackie and her husband Mark were thrilled to be

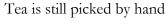
able to attend. These are some photos.



The Buddhist temple where Buddhas' tooth is enshrined.



We had the opportunity to feed elephants

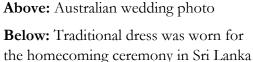












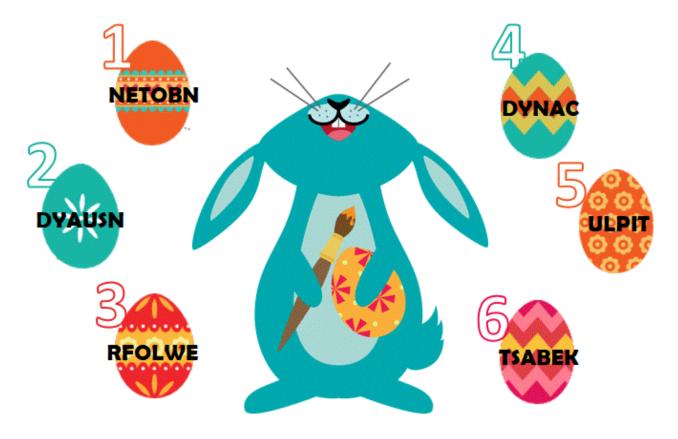




Easter

Happy Easter Word Scramble

The Easter Bunny decorated some of his eggs with words, but when he delivered them, they got a little scrambled. Can you unscramble the words and find the answer to his favorite riddle?



What do you call a rabbit who tells good jokes?

6 3 2 7 8 10 9 1 4 5

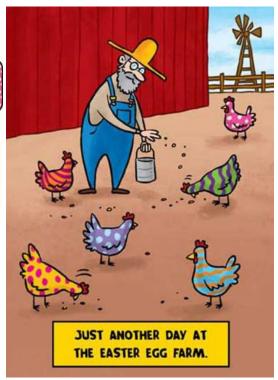
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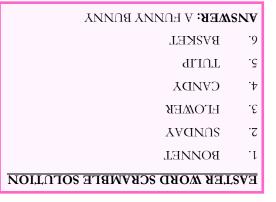
Easter



- Q) Christmas does come before Easter in one place-but where?
- A) The dictionary!
- Q) What's the best way to make Easter easier?
- A) Put an "i" where the "t" is.
- Q) How does Easter end?
- A) With an "R"!
- Q) How can you make Easter preparations go faster?
- A) Use the eggs-press lane!
- Q) What happens if you get married on Easter?
- A) You live hoppily ever after.

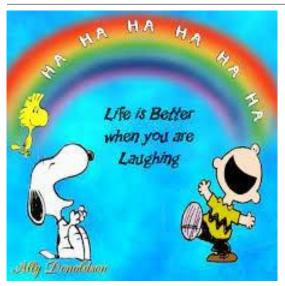






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Laughter Page



Q. Why did the leprechaun turn down a bowl of soup?

A. Because he already had a pot of gold!

WHAT DO YOU CALL A **FAKE STONE IN IRELAND?** A SHAM-ROCK



Q. Why do people wear shamrocks on St. Patrick's Day?

A. Because real rocks are too heavy!

Q. What would you get if you crossed a leprechaun with a Texan?

A. A pot of chilli at the end of the rainbow!

Q. How can you spot a jealous shamrock?

A. It will be green with envy!







Mr Murphy goes to the doctor...

An Irishman goes to the doctor, who after examining him says,

"You have some problems with your heart, but if you take these tablets, I think it will be okay."

So the doctor gives the man the tablets and the patient asks, "Do I have to take them every day?"

"No," replies the doctor, "take one on the Monday, skip the Tuesday, take one on the Wednesday, skip the Thursday and go on like that."

Two weeks later the doctor is walking down the street, and he sees the patient's wife.

"Hello Mrs Murphy," he says, "how is your husband?"

"Oh he died of a heart attack," says Mrs Murphy.

"I'm very sorry to hear that," says the doctor, "I thought if he took those tablets he would be alright."

"Oh the tablets were fine," says Mrs Murphy, "It was all the skipping that killed him!"





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Brain Exercises

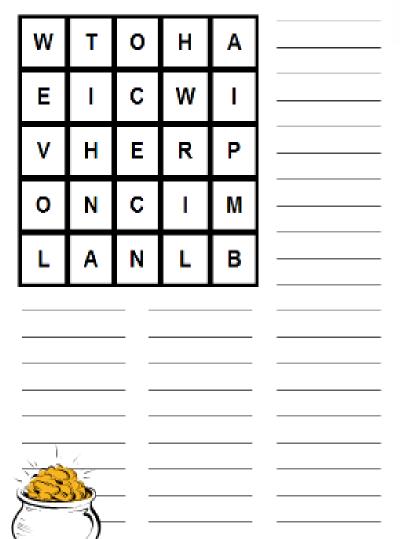


Lucky Leprechaun Boggle

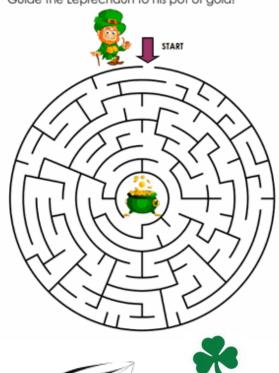
How many words can you make from the grid below? All letters in the word must connect, and you can't use the same tile twice in one word.

4 letter words = 1 pt, 5 letters = 2pts, 6 letters = 3pts, 7 letters = 5pts, 8 letters or more = 11pts.

St. Patrick's Day & Irish related words earn 2x the points!



Guide the Leprechaun to his pot of gold!





9 letter words: WHICHEVER

8 letter words: ACHIEVER, CREATIVE, OVERHEAT, REACTIVE, WHATEVER.

7 letter words: ACHIEVE, ARCHIVE, HOWEVER, OVERACT, TEACHER, HECTARE, WEATHER, WREATHER, WREATHE

6 letter words: ACTIVE, CAVORT, COVERT, CREATE, EITHER, HEARTH, HEROIC, OCTAVE, REVIEW, WAITER.

5 letter words: ACTOR, CARVE, CHAIR, CHEER, EARTH, HAVOC, IRATE, RATIO, TORCH, WATER, WRATH, WRITE.

4 letter words: ACHE, ACRE, ARCH, CART, CHAT, WORE, WRIT, WAIT. WEIR, WHAT, WORE, WRIT, WAIT.

Some possible answers (there are many)...

TEPRECHAUN BOGGLE"SOME ANSWERS TO "LUCKY

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For Your Information...

COMMUNION SERVICE

Marjorie Crothers, from the Uniting Church, will offer holy communion to Heatherlie and Christ Church Close residents

WHEN: 3rd Tuesday of each month

WHERE: Koroit Street lounge

TIME: 4pm

The next service will be held:

Tuesday 19th March, at 4pm

ALL DENOMINATIONS WELCOME



World Day of Prayer 2024 Palestine



Date: 2pm Friday 1st March 2024

Location: Warrnambool Uniting Church

115 Koroit Street

Contact: Church Office 55616085

SCOOTER RIDES FOR MARCH (weather permitting)

Meet at the residents workshop (9 car garage Koroit Street) at 1pm

Monday 4th March: Beach Kiosk, Pertobe Road, Warrnambool

Monday 11th March: Labour Day (no ride)

Monday 18th March: Christ Church Close

Monday 25th March: Botanic Gardens

All Welcome! Enjoy a cuppa at the destinations!





MUSIC/MOVIE afternoon

in the Koroit Street Residents Lounge



We are offering a relaxing movie afternoon in the lounge on:

Thursday 14th March at 2.00pm.

Afternoon tea/cuppa will be provided. All residents are welcome to come along.

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Heatherlie Homes

103-111 Koroit Street
Warrnambool VIC 3280

Phone: 03 5561 5565

Email: admin@heatherliehomes.com.au

Look us up on the Web: www.heatherliehomes.com.au

MERRI SINGERS JAM

Please visit the Office to purchase

Blackberry Jam only \$4

Cumquat Marmalade only \$7



Mansbridge Motors in Lava St also have jam for sale

What's On At Heatherlie in March?

\$10.00 Resident Committee Subs are now due in Mieke's mailbox, Unit 204

Mieke's Lunches

We would like to invite new residents to a light lunch on **Tuesday 5th March** at Archie Graham at 12 noon.

To book, please call Mieke on: 0438 057 761

<u>Sunday Sing Hosanna at 2pm:</u> In the Koroit Street Lounge, 1st & 3rd Sundays in March (3rd & 17th)

Tuesday Holy Communion at 4pm: In the Koroit Street Lounge, 3rd Tuesday of month - March 19th

Wednesday 13th March: BYO Social Lunch 12 noon - 1.30pm, under the Shade Sail at Koroit Street (weather permitting). Please BYO lunch and drinks. All residents welcome.

Thursday 14th March: 2pm - A relaxing Music/Movie afternoon in the Koroit Street Lounge. Movie is "Going My Way." All residents are welcome to come along.

Every Wednesday: 6pm through until Easter. **Lenten Bible Studies** in the Koroit Street Lounge.

Upcoming Events (for your diary):

- * Anzac Day Sausage Sizzle lunch & music.
- * Afternoon tea to raise funds for Peter's Project, **May 8th at 1.30pm**. Music by Northern Lights. More information later.

Regular Heatherlie Events:

Every Monday 9.30am Strollers Group

Every Monday 1.00pm Scooter Group

Every Tuesday 10.00am Tai Chi (\$5

Every Tuesday 1.30pm Get Busy Living Exercise Group (\$5)

3rd Tuesday 4.00pm Holy Communion

Every Wednesday 10.00am Bocce

Every Wednesday 2.00pm **Craft Group Every Wednesday** 7.30pm Euchre (\$3) Every Thursday 10am Get Busy Living Exercise Group (\$5) (\$5) 2nd Thursday 2.00pm Music/Movie in the Lounge Every Friday 4.00-6.00pm Happy Hour **Every Saturday** 7.00pm Hoi (\$4) 1st & 3rd Sunday 2.00pm Sing Hosanna in the Lounge

March 2024

Sun	3	Dorothy S birthday ♥	Sing Hosanna	10			17	Sing Hosanna	St Patrick's Day	24	Palm Sunday	91	Faster Sunday	
Sat	2	Hoi		6	Hoi		16	Hoi		23	Hoi	30	HO:	Easter Saturday
Fri	1	Happy Hour		8	Happy Hour		15	Happy Hour		22	Margery M birthday ♥ Kaye G birthday ♥ Hanny Hour	00	ーラ Mav F birthdav 🤇	Happy Hour Good Friday
Thu				7	Get Busy Group		14	Get Busy Group	Music/Movie Event in Lounge at 2pm	21	Get Busy Group	α _C	Gloria M birthday &	Get Busy Group
Wed				9	Bocce	Craft Group returns Euchre	13	Bocce	BYO Social Lunch Craft Group	20	Bocce Craft Group	Euchre 27	−/ Barbara P birthdav Q	Bocce Craft Group Euchre
Tue				5	Tai Chi	Get Busy Group	12	Tai Chi	Get Busy Group	19	Tai Chi Get Busy Group	Holy Communion	Tai Chi	Get Busy Group
Mon				4	Strollers Group	Scooter Group 1pm	11	Strollers Group	Scooter Group 1pm Labour Day	18	Strollers Group Scooter Group 1pm	36	C Dorothy V Virthday	Strollers Group Scooter Group 1pm