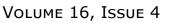
# **Heatherlie Herald**



## **Heatherlie Homes**

#### Latest News From The Office

#### WELCOME

The Heatherlie community warmly welcomes **Margaret E** who has moved into Unit 126. We wish her well for many happy years here at Heatherlie.

#### **FAREWELL**

We are deeply saddened at the loss of **June C** who passed away recently. She was a much loved resident of Koroit Street. We extend our sympathy to her family and friends.

We wish to farewell **May F** who used to reside at CCC, but has now gone into residential care. We wish her well in her new home.

#### PUBLIC HOLIDAYS

The Heatherlie office will be closed and all staff on leave for Easter: Good Friday 29th March and Easter Monday 1st April. Office also closed on Anzac Day: Thursday 25th April.



#### DAYLIGHT SAVINGS

Finishes on **Sunday 7th April** in the early hours. Please do not forget to put your clocks back by one hour before bed on Saturday night.

#### APRIL 2024

A message from the Executive Officers -

#### Hello to all our Residents,

In April we recognise and commemorate the contribution of all those who have served Australia on ANZAC day (including those who died). Lest we forget.

We would like to thank everyone for their understanding and patience while staff have been on leave. Sometimes leave is planned and other times it is not, however, it is important for our hard working staff to have some well earned holidays. Hopefully we will be back to full capacity again soon.

A friendly reminder to residents to please be respectful of others regarding noise. Especially if you are coming in late at night, please try to close any doors quietly.

The Heatherlie AGM will be held on Thursday 18th April at 2pm in the Koroit Street lounge. We hope to see you all in attendance. Please register your apologies at the Heatherlie office.

A new security camera has been installed to cover our maintenance and gardening sheds, and a couple of old analogue cameras have been updated with new digital ones. We will slowly replace all our old cameras with new ones over time.

Resident tip of the month: Add our Heatherlie Stewards' phone numbers into your mobile phones in case you need them when you are out and about.

Whether you celebrate the religious aspects of Easter or not, we would like to take this opportunity to wish all of our resident's a very happy Easter! Easter is a time for all of us to reflect on peace,

love, hope, forgiveness, renewal and the gift of Jesus Christ.









#### **Resident Stewards**

Donna	0458 944 477	U129
Leo	0409 174 671	U230
Diane	0419 621 617	U107
Elaine	0448 247 390	U305

#### Inside this issue:

April Birthdays	2
Potential Arts and Craft display - Sue E	2
Heatherlie Happenings	3
Odds and Ends, movie	4
Sing Hosanna & Easter	5
Easter service times	6
Personal Alarm Reminder ANZAC Day BBQ	7
Miracle Babies Letter	8
Miracle Babies Certificate	9
Laughter Page	10
Brain Exercises	11
Heatherlie Scooter Group Communion & Movie/ Music in the lounge	12
Regular Heatherlie	13
April Calendar	14

## **April Birthdays**



**HAPPY BIRTHDAY** to the following residents who will celebrate their birthdays in this month of April:

Helen A, Wendy C, Annmaree F, Ray K and Ann D.

We all hope you have a wonderful day!

## Attention Heatherlie Arts and Crafts Community!

Have you seen the white walls in the Lounge and Hub? Is it time to showcase our Heatherlie artists in residence? As many of you have arty crafty skills, would you be interested in exhibiting your work for a 1 month period? You can showcase your treasured pieces, offer your creations for sale if you wish, or partner up with a fellow resident to exhibit your creative gems. Anonymous artists are welcome.

If you are interested, please contact Sue Esau Unit 138.

## Coffee at Provincial Café - March 2024

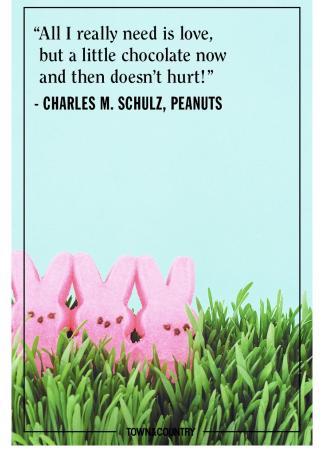
Nice to see some new residents enjoying a cuppa together with well-known faces.



## **Heatherlie Happenings**

Here comes trouble!! Mary and Mieke were spotted out and about enjoying a days shopping.





**Below:** The scooter riders enjoyed a lovely afternoon tea, together with some Christ Church Close residents.



#### Odds and Ends...

#### PICKLES

#### **BY BRIAN CRANE**



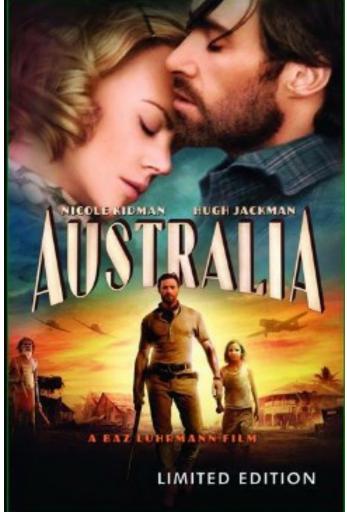


#### Movie in the Koroit St Lounge

**Thursday 11th April: 2pm -** A relaxing **Music/Movie** afternoon in the Koroit Street Lounge.

Movie will be "**Australia**," directed by Baz Luhrmann and staring Nicole Kidman and Hugh Jackman.

All residents are welcome to come along.



#### Sing Hosanna Celebrating Easter Sunday



#### **Easter Church services**

## Times of Warrnambool Easter Church Services

- Anglican: Good Friday: Liturgy—9am and 3pm Ecumenical Walk of Witness—11am Stations of the Cross—(Children's) 5pm Prayers around the Cross—8pm Holy Saturday—Easter Vigil– 8pm Easter Sunday—8am and 9.30am
- Baptist: Maundy Thursday: 7.30pm; Good Friday: 9.30am; Easter Sunday: 10am



- Catholic:St Joseph's—Good Friday: Celebration of the Lord's Passion—3pmSt Joseph's—Easter Saturday Vigil—6pmSt Joseph's—Easter Sunday—8.30am & 10.30am. No 6pm Mass
- Lutheran: Good Friday: 9am Easter Sunday: 11am
- Presbyterian: Good Friday: 9.30am; Easter Sunday: 10am & 5pm
- Uniting: Maundy Thursday—7.30pm Good Friday—9am—Holy Communion; 11am Way of the Cross—Cannon Hill/Lake Pertobe Easter Sunday—10.30am Holy Communion





#### ANSWERS TO ANZAC DAY CROSSWORD:

ACROSS: 1. Dawn, 2. Digger, 4. Wreath, 11. Sacrifice, 12. Spirit, 13. Peace, 14. Bugle, 15. Remember.

DOWN: 3. Cenotaph, 5. Gallipoli, 6. Trenches, 7. Military, 8. Silence, 9. Parade, 10. Memorial.



Free weekly newspaper in the lounge available to all residents.

#### **Personal Alarm Reminder**

There are many residents in Heatherlie with safety alarms. There are many different types of alarms, most common is Me Pac, Live life or Safety Link Me Pac gives cover inside the unit and within a certain range around Heatherlie. Live life can be worn anywhere, as it is connected to Bluetooth. Safety link has a limited range also.

Most accidents happen within your unit and when you are on your own. If you fall when out and about there will always be someone to come to your aid.



I have live life alarm and have had for many years. I don't have a health issue but I feel safe and secure wearing it. Another advantage is that if someone comes to your door and frightens you, press the alarm and help will be on the way. Occasionally I will take it off if I am wearing something fancy and going out with friends but the moment, I enter my unit it goes on.

If you fall somewhere in the unit, it is no use having the alarm on the bench. When showering, leave on again (it is no good on the sink), even in the recliner chair with your feet up, if you take a turn, it's no good other than on you. A good tip at night is getting a big safety pin or I have a nappy pin (I have from bygone days), thread the pin through the alarm and pin to night attire. This keeps it in place all night and you get a better sleep. No good again sitting on the dressing table or side table away from arms reach.

Going to the toilet in middle of the night can be a hazard as I for one am tottery at whatever time nature calls.

So! wearing the alarm is for your safety and it gives peace of mind to your family.

Diane Unit 107 Resident Steward

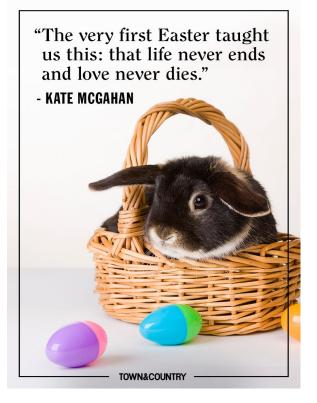
#### Anzac Day Sausage Sizzle Thursday 25th April at 12 noon

Anzac Day Sausage Sizzle, Thursday 25th April at 12 noon. All residents are invited. Please **RSVP** to the office for catering purposes by Monday 22nd April.

Following the Anzac Day Sausage Sizzle, the granddaughter of Bryan W will be playing the piano for residents to enjoy. Please make Tilly feel welcomed.







## **Miracle Babies Foundation Thank You Letter to Heatherlie**

Just a quick note: They have spelt Heatherlie Homes as "Heather Homes."

miracle babies NurtureLine: 24hr family support helpline 1300 622 243 (1300 MBABIES) OUNDATION RECEIVED Ph: 1300 773 664 7/3/24 NB 02 9724 8999 PO Box 95, Moorebank NSW 1875 info@miraclebabies.org.au ABN 14 137 434 596 **Heather Homes** 103-111 Koroit Street WARNAMBOOL VIC 3280 Dear Heather. We would like to thank you for the beautifully knitted creations, we received from you in 2024. These will be sent to families in Neonatal Intensive Care Units (NICU) and Special Care Nurseries (SCN) around Australia. Your efforts are very much appreciated. For mothers of premature or sick babies watching your baby in care can be extremely traumatic. To know that you have cared enough to take the time to support these families is truly beautiful. I hope you find this reason to know very rewarding. We are so grateful to have you on board as one of our supporters. On behalf of the Miracle Babies Foundation thank you once again. Kind Regards, Kylie Pussell Thank you! CEO & CoFounder NurtureProgram Officer- Resources and Campaigns Australia's leading organisation supporting premature and sick newborns, their families and the hospitals that care for them. www.miraclebabies.org.au

#### **Miracle Babies Foundation Certificate to Heatherlie**



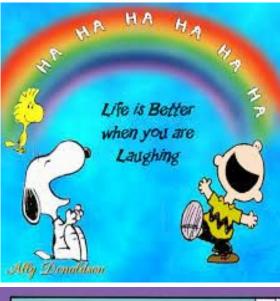
#### Thank you for book donation to The Hub

We wish to thank the family of June C for their kind donation of beautiful books to The Hub. We hope that residents enjoy reading the various titles.





#### Laughter Page - Happy Easter!



One Easter, a father was teaching his son to drive when out of nowhere a rabbit jumped on the road. Slamming on the brakes, the son said, "I nearly

ruined Easter! I almost ran over the Easter Bunny." His father replied, "It's okay son—you missed it by a

hare."





Q. What do you call a mischievous Easter egg?

A. A Practical Yolker.

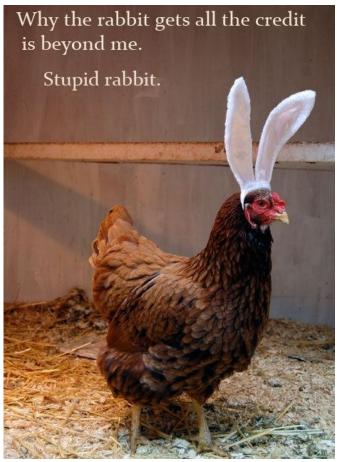






"What's the Easter Bunny's favourite sport? Basket-ball"





Q. What do you call an Easter Egg from outer space?

A. Egg-stra Terrestrial.

Q. What kind of stories does the Easter Bunny like best?

A. The ones with hoppy endings.

#### **Brain Exercises** The ANZACs ANZAC 10 11 12 13 13. In Australia, we live in 6. The ..... were full of Across ....., free from violence. disease, rats, and lice. 1. The ANZACs landed at ANZAC cove at ..... 14. The Last Post is play 7. An army of armed on this instrument. forces. 2. Another name for an ANZAC soldier. 15. Lest we forget. We 8. On ANZAC day, we will ..... them. remember our fallen 4. A circular band of soldiers with a minutes flowers. Down ..... **11**. Many ANZACs made A monument erected 9. The ANZACs and the ultimate ..... so we in memory of our ANZACs their family marched in the could be free today. who are buried elsewhere. 5. ....is in Turkey. 12. We often talk of the 10. He laid the wreath in ANZAC ..... front of the Answers on Page 6

## For Your Information...

#### **COMMUNION SERVICE**

Marjorie Crothers, from the Uniting Church, will offer holy communion to Heatherlie and Christ Church Close residents

WHEN: 3rd Tuesday of each month

WHERE: Koroit Street lounge

TIME: 4pm

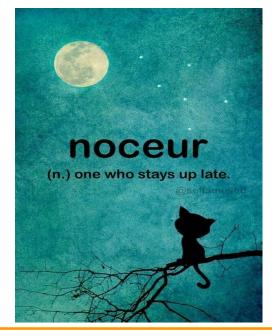
The next service will be held:

Tuesday 16th April, at 4pm

ALL DENOMINATIONS WELCOME



## word of the Month



## **<u>SCOOTER RIDES FOR APRIL</u>**(weather permitting)

Meet at the residents workshop (9 car garage Koroit Street) at 1pm

Monday 1st April: Easter Monday (no ride)

Monday 8th April: Beach Kiosk, Pertobe Road, Warrnambool

Monday 15th April: Warrnambool Library

Monday 22nd April: Botanic Gardens

Monday 29th April: Fletcher Jones Gardens

All Welcome! Enjoy a cuppa at the destinations!





MUSIC/MOVIE afternoon



in the Koroit Street Residents Lounge

We are offering a relaxing movie afternoon in the lounge on:

Thursday 11th April at 2.00pm.

Afternoon tea/cuppa will be provided. All residents are welcome to come along.



#### **Heatherlie Homes**

103-111 Koroit Street Warrnambool VIC 3280

Phone: 03 5561 5565 Email: admin@heatherliehomes.com.au

Look us up on the Web: www.heatherliehomes.com.au

#### MERRI SINGERS JAM

Please visit the Office to purchase

Blackberry Jam only \$4 Cumquat Marmalade Sold Out



Mansbridge Motors in Lava St also have jam for sale

## What's On At Heatherlie in April?

#### <u>\$10.00 Subs are now due in Mieke's</u> mailbox Unit 204

**Monday 1st April: 10am -** Coffee at Provincial Café. All residents welcome.

## Mieke's Lunches

**Tuesday 9th April** - Lunch at Archie Graham at 12 noon.

#### To book, please call Mieke on: 0438 057 761

\*\*\*Sunday 31st March: Sing Hosanna at 2pm celebrating Easter Sunday.

<u>Sunday Sing Hosanna at 2pm</u>: In the Koroit Street Lounge, 1st & 3rd Sundays in April (7th & 21st)

#### Tuesday Holy Communion at 4pm: In

the Koroit Street lounge, 3rd Tuesday of month - April 16th

Wednesday 10th April: BYO Social Lunch 12 noon - 1.30pm, in the Koroit Street lounge. Please BYO lunch and drinks. All residents welcome.

Thursday 11th April: 2pm - A relaxing Movie afternoon in the Koroit Street Lounge. The Movie is "Australia." All residents are welcome to come along. Thursday 18th April: 2pm - Heatherlie AGM in the Koroit Street lounge.

Thursday 25th April: 12 noon - Anzac Day Sausage Sizzle Lunch & Tilly playing piano in the Koroit Street lounge. **RSVP** 

#### Upcoming Events (for your diary):

\* Afternoon tea to raise funds for Peter's Project, **May 8th at 1.30pm**. Music by Northern Lights. More information later.

Regular Heatherlie	Events:			Every Wednesday	2.00pm	Craft Group	
Every Monday	9.30am	Strollers Group		Every Wednesday	7.30pm	Euchre	(\$3)
Every Monday	1.00pm	Scooter Group		Every Thursday 10am	n Get Busy Livin	g Exercise Grou	ıp (\$5)
Every Tuesday	10.00am	Tai Chi (	\$5)	2nd Thursday	2.00pm Musi	c/Movie in the	Lounge
Every Tuesday 1.3	Opm Get Busy	Living Exercise Group (	\$5)	Every Friday	4.00-6.00pm	Happy Hour	
3rd Tuesday	4.00pm	Holy Communion		Every Saturday	7.00pm	Ноі	(\$4)
Every Wednesday	10.00am	Bocce		1st & 3rd Sunday	2.00pm Sing H	Hosanna in the	Lounge

April 2024

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	IJ	9	7
Strollers Group Scooter Group 1pm Easter Monday	Tai Chi Get Busy Group	Helen A birthday Bocce Craft Group	Get Busy Group	Happy Hour	Hoi	Wendy C birthdayି Sing Hosanna
8	6	10	11	12	13	14
Strollers Group Scooter Group 1pm	Tai Chi Get Busy Group	Bocce BYO Social Lunch Craft Group returns	Get Busy Group Music/Movie Event in Lounge at 2pm	Happy Hour	Hoi	
15	16	17	18	19	20	21
Strollers Group Scooter Group 1pm	Tai Chi Get Busy Group	Bocce Craft Group Euchre	Get Busy Group Heatherlie AGM	Annmaree F birthday Happy Hour	Hoi	Sing Hosanna
22	23	24	25	26	27	28
Ray K birthday Q Strollers Group Scooter Group 1pm	Tai Chi Get Busy Group	Bocce Craft Group	Get Busy Group ANZAC Day Sausage Sizzle	Happy Hour	Hoi	Ann D birthday Q
29 Strollers Group Scooter Group 1pm	<b>30</b> Tai Chi Get Busy Group					